

Outcomes Report

2019/20

te
whakaora
tangata



We serve the highest-risk families in South Auckland and The Far North - addressing the deep-rooted issues of trauma that cause family dysfunction through counselling and crisis intervention.

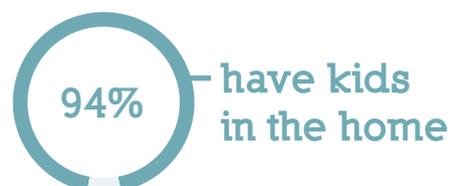
Our programmes are tailored to address the challenges our community face including depression, drug and alcohol abuse, domestic violence, suicide, sexual abuse and family breakdown.

Our Vision

To see once vulnerable families living well and children given every opportunity to reach their full potential.

"When I first came to this course, I had no hope, no future, nothing. It's changed not only me, but my relationship and my kids - it's changed my kids a lot." - mum of 3

Our Whānau



Family Restoration Course Graduation

Our Programmes

258

Clients Reached Through Our Programmes

Impacting up to 1000 vulnerable children

129

Attended the Family Restoration Course

Exploring how past trauma affects individuals, relationships and families

444

Hours of One-on-one Counselling

Addressing individual past trauma and emotional and behavioural responses

774

Whānau Coaching Sessions

Mentoring to address addiction, parenting, home management and life skills

33

Tools For Living Workshops

Resourcing whānau with tools to live well through on-going support.

Our Outcomes

Moving families from 'high risk' to 'low risk' of negative outcomes, specifically measuring Social Connectedness and Mental Health outcomes which is key to enhancing family stability and wellbeing.

We surveyed clients before and after the Family Restoration Course, the first stage of their journey with us.

93%

of our clients have experienced an improvement in at least one indicator.

*Independently Analysed by Impact Lab

- Mental health indicators measured: Depression, anxiety, suicidal thoughts.
- Social Connectedness indicators measured: Social contact, domestic violence, relationships with children.



Family Restoration Course Graduation

"I want to change, and I want to get to this place where I can just wake up and not do drugs, not drink alcohol."
- mum of 6

"I used to be like a monster. A monster, hard out. But my family's seen a big change. So with my kids seeing, they will tell the stories, I don't have to say too much."
- dad of 7.

Would our clients recommend the Family Restoration Programme to friends and family?

(-100 - 0) Needs Improvement (0 - 30) Good (30 - 70) Excellent (70 - 100) World-Class

Client Net Promoter Score:

87



Community Event

Marama's Story

"What you see standing before you is definitely a Wāhine Toa. But it wasn't always like this.

I became a child of the state because my parents weren't ready to be parents at that time. At the age of 6 through to 12, I was sexually abused by four men in my foster whānau. At the age of 14 I started indulging in substances, and at the age of 15 I met a man 10 years older, and that relationship was toxic - in its most dangerous form - domestic violence. During that time, twice I self-harmed - suicide. Yeah, I know what that looks like. I was beaten black and blue. I sit on 29 years of drug and alcohol addiction.

That was my "go to", my band-aid, because I didn't want to look at life the way I do now - through sober eyes. I always wanted to get wasted because I was putting everything that happened to me under the carpet. But what happens behind closed doors eventually reveals itself.

I lost my mokopuna and my tamariki because of my lifestyle. The day that my tamariki, my mokopuna left my side, I felt so empty inside. I said to myself "I need to get help." And that's where it started for me. I tautoko Te Whakaora Tangata all the way. When I met them, I thought to myself, wow

there's something about this whānau Te Whakaora Tangata that is completely different, that I felt within my wairua, compared to a lot of other organisations. I sat in blame and shame and everything else that I carried, but this programme gave me that voice where I was able to say that I can have a better life.

I've tried a lot of stuff, but I'm not about glorifying my past, I'm about glorifying my future. Whatever your future may look like, anything is possible and achievable. It's just up to you, and you can create an amazing future."

Partnering with us made easy

Make your next donation at tewhakaora.org.nz/support/ and see lives transformed as a direct result of your contribution.

Or contact us at: 09 269 4083 / info@tewhakaora.org.nz
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